A More Effective Middle School Band Warm Up

Practical Application #3
Warm Ups designed for the Big Rapids Middle School Band Program

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July 2011
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Big Rapids Middle School Bands

Circle of Fourths - Flute

SOPRANO
- Piccolo - 0
- 1st Flute - 0
- 1st Oboe - 0
- 1st Clarinet - 2
- 1st Trumpet - 2
- Bells - 0

ALTO
- 2nd Flute - 0
- 2nd Oboe - 0
- 2nd/3rd Clarinet - 2
- Alto Sax - 3
- 2nd/3rd Trumpet - 2
- 1st/2nd Horn - 1
- Vibes/Xylophone - 0

TENOR
- Tenor Sax - 2
- 3rd/4th Horn - 1
- Trombone - 0
- 1st Euphonium - 0
- Low Xylophone - 0

BASS
- Bassoon - 0
- Bass Clarinet - 2
- Bari Sax - 3
- 2nd Euphonium - 0
- Tuba - 0
- Marimba - 0

Concept based on Ed Lisk's "Creative Director Series" pub. by Meredith Music.
C Parts - High

**B-flat Concert**

[A] Major Scale

Relative Minor Scale

Flow Style

Finger Flips, Lip Tricks

Finger Flips, Lip Tricks - LV 2

Finger Flips, Lip Tricks - LV 3

Finger Flips, Lip Tricks - LV 4
Finger Flips, Lip Tricks - LV 5

Twister! - LV 2

Thirds

Triplets

I IV I V I vi ii V V7 I

Chords (pick one) Chords - LV 2

I ii7 V7 III7 vi I IVmaj7 iiø7 V7 I9(add6)

Chords - LV 3

Chords - LV 4
Special VII - Soprano

Alto

Tenor

Bass

C Parts - High
C Parts - High

A-\textit{flat} Concert

\textbf{A} Major Scale

\textbf{B} Relative Minor Scale

\textbf{C} Flow Style

\textbf{D} Finger Flips, Lip Tricks

\textbf{Finger Flips, Lip Tricks - LV 2}

\textbf{Finger Flips, Lip Tricks - LV 3}

\textbf{Finger Flips, Lip Tricks - LV 4}
C Parts - High

C Concert

A. Major Scale

B. Relative Minor Scale

C. Flow Style

D. Springboard and Bungee

Springboard and Bungee - LV 2

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C Parts - High

E  C Concentration - UP (LV 2 - Combine with DOWN)

F  Twister!

G  Thirds

H  Triplets

I  Chords (pick one)  Chords - LV 2

Chords - LV 3

Chords - LV 4

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C Parts - High

**E-flat Concert**

[A] Major Scale

[B] Relative Minor Scale

[C] Flow Style

[D] Springboard and Bungee

Springboard and Bungee - LV 2

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Eb Concentration - UP (LV 2 - Combine with DOWN)

Eb Concentration - DOWN

Twister!

Twister! - LV 2

Thirds

Triplets

Chords (pick one)

Chords - LV 2

Chords - LV 3

Chords - LV 4
E  F Concentration - UP (LV 2 - Combine with DOWN)

F Concentration - DOWN

F Twister!

Twister! - LV 2

G Thirds

H Triplets

I Chords (pick one)

Chords - LV 2

Chords - LV 3

Chords - LV 4

C Parts - High

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E Db Concentration - UP (LV 2 - Combine with DOWN)

Db Concentration - DOWN

F Twister!

Twister! - LV 2

G Thirds

H Triplets

I Chords (pick one) Chords - LV 2

I IV I V I vi ii V V7 I

Chords - LV 3

I ii7 V7 III7 vi I IVmaj7 iiø7 V7 I9(add6)

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