Another ABC Presentation

American Band College

Max McKee
Executive Director
(541) 840-4888

Scott McKee
Managing Director
(541) 778-4880

Paul Kassulke
Director of Operations
(541) 778-3161

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A More Effective Middle School Band Warm Up

Practical Application #3

Warm Ups designed for the Big Rapids Middle School Band Program

Allman A. Todd IV

American Band College
Master’s Candidate

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Big Rapids Middle School Bands

Circle of Fourths - Bassoon

Concept based on Ed Lisk's "Creative Director Series" pub. by Meredith Music.

SOPRANO
Piccolo - 0
1st Flute - 0
1st Oboe - 0
1st Clarinet - 2
1st Trumpet - 2
Bells - 0

ALTO
2nd Flute - 0
2nd Oboe - 0
2nd/3rd Clarinet - 2
Alto Sax - 3
2nd/3rd Trumpet - 2
1st/2nd Horn - 1
Vibes/Xylophone - 0

TENOR
Tenor Sax - 2
3rd/4th Horn - 1
Trombone - 0
1st Euphonium - 0
Low Xylophone - 0

BASS
Bassoon - 0
Bass Clarinet - 2
Bari Sax - 3
2nd Euphonium - 0
Tuba - 0
Marimba - 0

Flats
C - F - Bb - Eb - Ab

Sharps
Db - Gb - Cb - E - A - D - G - C

C# - F# - B - C - F - Bb - Eb - Ab

\[\text{Flats} \rightarrow 1 \rightarrow 2 \rightarrow 3 \rightarrow 4 \rightarrow \text{Db} - \text{Gb} - \text{Cb} \rightarrow 4 \rightarrow 3 \rightarrow 2 \rightarrow 1 \rightarrow \text{Sharps}\]

**Concept based on Ed Lisk's "Creative Director Series" pub. by Meredith Music.**
Big Rapids Middle School Bands

Circle of Fourths - Trombone/Euph/Bassoon

<table>
<thead>
<tr>
<th>Flats</th>
<th>Concert C</th>
<th>Concert F</th>
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<tbody>
<tr>
<td>1</td>
<td>C</td>
<td>F</td>
</tr>
<tr>
<td>2</td>
<td>F</td>
<td>Bb</td>
</tr>
<tr>
<td>3</td>
<td>Bb</td>
<td>Eb</td>
</tr>
<tr>
<td>4</td>
<td>Eb</td>
<td>Ab</td>
</tr>
</tbody>
</table>

| 5              | C#        | F#        |
| 6              | F#        | B         |
| 7              | B         | E         |

<table>
<thead>
<tr>
<th>Sharps</th>
<th>Concert Ab</th>
<th>Concert Db</th>
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<tbody>
<tr>
<td>1</td>
<td>Ab</td>
<td>D</td>
</tr>
<tr>
<td>2</td>
<td>D</td>
<td>G</td>
</tr>
<tr>
<td>3</td>
<td>G</td>
<td>C</td>
</tr>
<tr>
<td>4</td>
<td>C</td>
<td>Ab</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Concert E</th>
<th>Concert G</th>
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</table>

**Soprano**
- Piccolo - 0
- 1st Flute - 0
- 1st Oboe - 0
- 1st Clarinet - 2
- 1st Trumpet - 2
- Bells - 0

**Alto**
- 2nd Flute - 0
- 2nd Oboe - 0
- 2nd/3rd Clarinet - 2
- Alto Sax - 3
- 2nd/3rd Trumpet - 2
- 1st/2nd Horn - 1
- Vibes/Xylophone - 0

**Tenor**
- Tenor Sax - 2
- 3rd/4th Horn - 1
- Trombone - 0
- 1st Euphonium - 0
- Low Xylophone - 0

**Bass**
- Bassoon - 0
- Bass Clarinet - 2
- Bari Sax - 3
- 2nd Euphonium - 0
- Tuba - 0
- Marimba - 0
Chromatic Exercises

1. Chromatic Low

2. Remington Low

3. Remington High

4. Remington Low 2

5. Remington High 2

6. Chromatic Scale Up

7. Chromatic Scale Down

8. Bb Chromatic Scale

9. Ab Chromatic Scale

American Band College Master's Degree Project • More info on ABC @ www.bandworld.org • scottmckee@bandworld.org • (541) 778-4880
Bass Clef

B-flat Concert

A Major Scale

B Relative Minor Scale

C Flow Style

D Finger Flips, Lip Tricks

Finger Flips, Lip Tricks - LV 2

Finger Flips, Lip Tricks - LV 3

Finger Flips, Lip Tricks - LV 4

Finger Flips, Lip Tricks - LV 5
Twister! - LV 2

I IV I V I vi ii V V7 I

Chords - LV 2

I IVmaj7 iiø7 V7 I9(add6)

Chords - LV 3

I ii7 V7 III7 vi I IVmaj7 iiø7 V7 I9(add6)

Chords - LV 4

I ii7 V7 III7 vi I IVmaj7 iiø7 V7 I9(add6)
A-flat Concert

A  Major Scale

B  Relative Minor Scale

C  Flow Style

D  Finger Flips, Lip Tricks

Finger Flips, Lip Tricks - LV 2

Finger Flips, Lip Tricks - LV 3

Finger Flips, Lip Tricks - LV 4

Finger Flips, Lip Tricks - LV 5
F Concert

A Major Scale

B Relative Minor Scale

C Flow Style

D Springboard and Bungee

Springboard and Bungee - LV 2
**F Concentration - UP (LV 2 - Combine with DOWN)**

**F Concentration - DOWN**

**F Twister!**

**Twister! - LV 2**

**G Thirds**

**H Triplets**

**I Chords (pick one)**

**Chords - LV 2**

I IV I V I vi ii V V7 I

**Chords - LV 3**

**Chords - LV 4**

I ii7 V7 III7 vi I IVmaj7 iiø7 V7 I9(add6)
D-flat Concert

A Major Scale

B Relative Minor Scale

C Flow Style

D Springboard and Bungee

Springboard and Bungee - LV 2
Db Concentration - UP (LV 2 - Combine with DOWN)

Db Concentration - DOWN

F Twister!

Twister! - LV 2

G Thirds

H Triplets

I Chords (pick one) Chords - LV 2

I IV I V I vi ii V V7 I

Chords - LV 3

Chords - LV 4

I ii7 V7 III7 vi I IVmaj7 iiø7 V7 I9(add6)