A More Effective Middle School Band Warm Up

Alto/Bari Sax

Practical Application #3
Warm Ups designed for the Big Rapids Middle School Band Program

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Big Rapids Middle School Bands
Circle of Fourths - Alto/Bari Sax

Concept based on Ed Lisk's "Creative Director Series" pub. by Meredith Music.

SOPRANO
Piccolo - 0
1st Flute - 0
1st Oboe - 0
1st Clarinet - 2
1st Trumpet - 2
Bells - 0

ALTO
2nd Flute - 0
2nd Oboe - 0
2nd/3rd Clarinet - 2
Alto Sax - 3
2nd/3rd Trumpet - 2
1st/2nd Horn - 1
Vibes/Xylophone - 0

TENOR
Tenor Sax - 2
3rd/4th Horn - 1
Trombone - 0
1st Euphonium - 0
Low Xylophone - 0

BASS
Bassoon - 0
Bass Clarinet - 2
Bari Sax - 3
2nd Euphonium - 0
Tuba - 0
Marimba - 0

Flats
C - F - Bb - Eb - Ab

Sharps
Db - Gb - Cb or C# - F# - B

C - F - Bb - Eb - Ab → Db - Gb - Cb or C# - F# - B → E - A - D - G - C

Concept C
Bari Only

Concept F

Concert C
Bari Only

Concert Bb

Concert Eb

Concert Ab

Concert Db
Bari Only

Concert Gb

Concert Cb

Concert E

Concert A

Concert D
Bari Only

Concert F

Circle of Fourths - Alto/Bari Sax

American Band College Master's Degree Project • More info on ABC @ www.bandworld.org • scottmckee@bandworld.org • (541) 778-4880
Chromatic Exercises

1. Chromatic Low

Chromatic High

2. Remington Low

3. Remington High

4. Remington Low 2

Remington High 2

5. Chromatic Scale Up

Chromatic Scale Down

6. Bb Chromatic Scale

7. Ab Chromatic Scale
B-flat Concert

A Major Scale

B Relative Minor Scale

C Flow Style

D Finger Flips, Lip Tricks

Finger Flips, Lip Tricks - LV 2

Finger Flips, Lip Tricks - LV 3

Finger Flips, Lip Tricks - LV 4
E♭ Parts

C Concert

[A] Major Scale

[B] Relative Minor Scale

[C] Flow Style

[D] Springboard and Bungee

Springboard and Bungee - LV 2

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E-flat Concert

A Major Scale

B Relative Minor Scale

C Flow Style

D Springboard and Bungee

Springboard and Bungee - LV 2
F Concert

[A] Major Scale

[B] Relative Minor Scale

[C] Flow Style

[D] Springboard and Bungee

Springboard and Bungee - LV 2
Special LXXXVII - Soprano

Alto

Tenor

Bass
**D-flat Concert**

- **A** Major Scale
- **B** Relative Minor Scale
- **C** Flow Style
- **D** Springboard and Bungee
- **Springboard and Bungee - LV 2**
Special LV - Soprano

Alto

Tenor

Bass