

WHY MUSIC?

They came to the band room needing to express something unspeakable.

Make it fun to attempt.
Make it safe to fail.

Celebrate with them the gift of universal expression from day one.

Keep it fun.

RECRUITING

BASS f(x)

TIME

INTONATION

SOUND FOUNDATION

GROOVE

MELODY

HARMONY

RHYTHM/COLOR

RETENTION

Emphasize the responsibility of BASS f(x)

LISTEN to BASS f(x)

Young Blood Brass Band

The Roots

Matt Owen and the Eclectic Tuba

Jon Sass - Owen Marshall

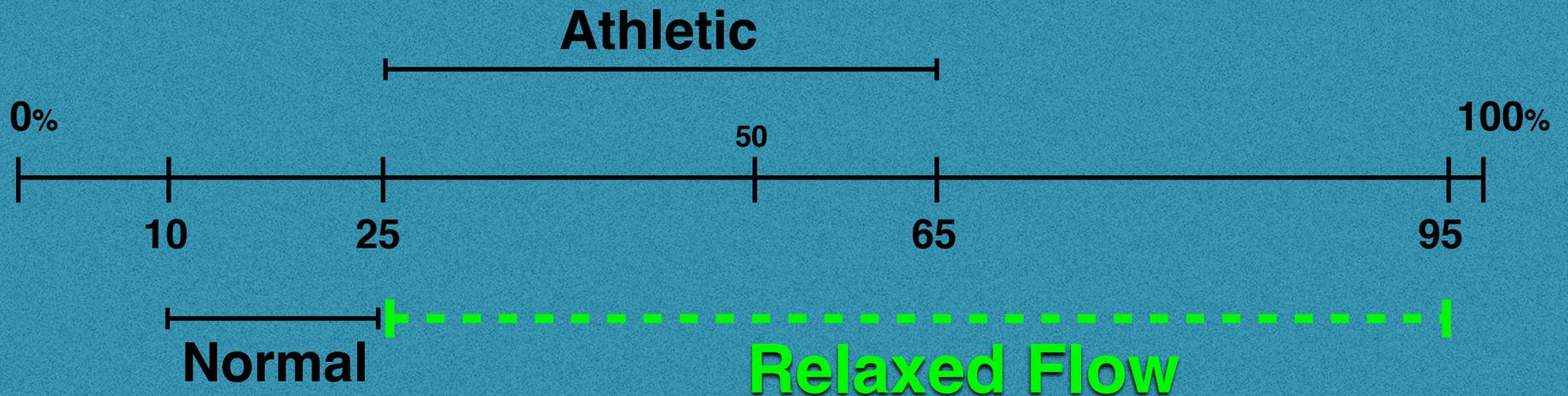
YouTube

ENCOURAGE TO PLAY BY EAR!!!!!!

WHY practice breathing?

TENSION is the enemy of TONE

LUNG CAPACITY



The Breathing Gym[®] Sequence

Stretches

Workout Therapies

Relaxed Flow

Relaxed Flow Form

COMFORTABLE

SHAPE  Oh
Whoa

EVEN

CONSTANT

TURN AROUND  In - Out
Out - In

YOUR HUMANITY (P.I.E.)

PHYSICAL

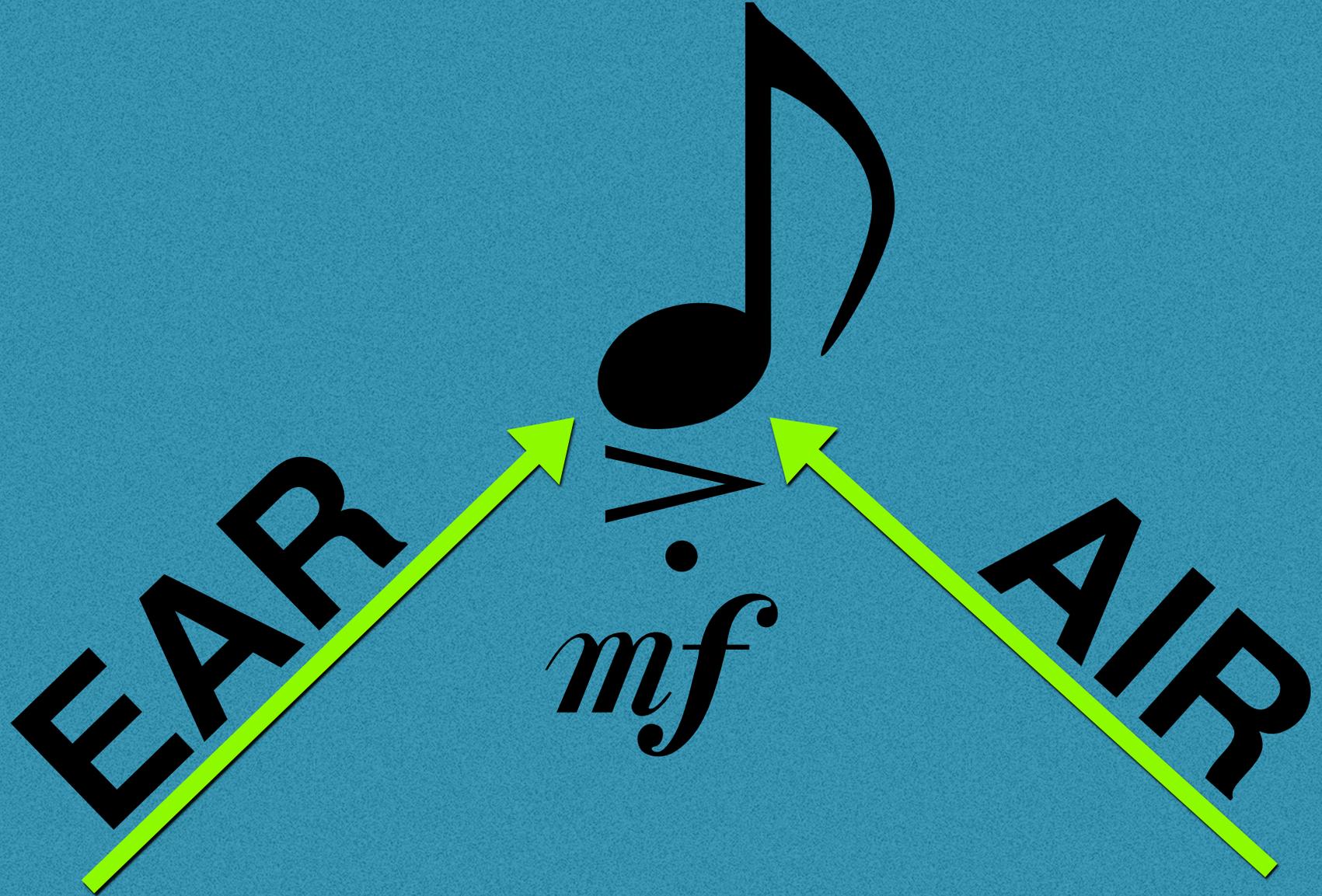
Out of Balance

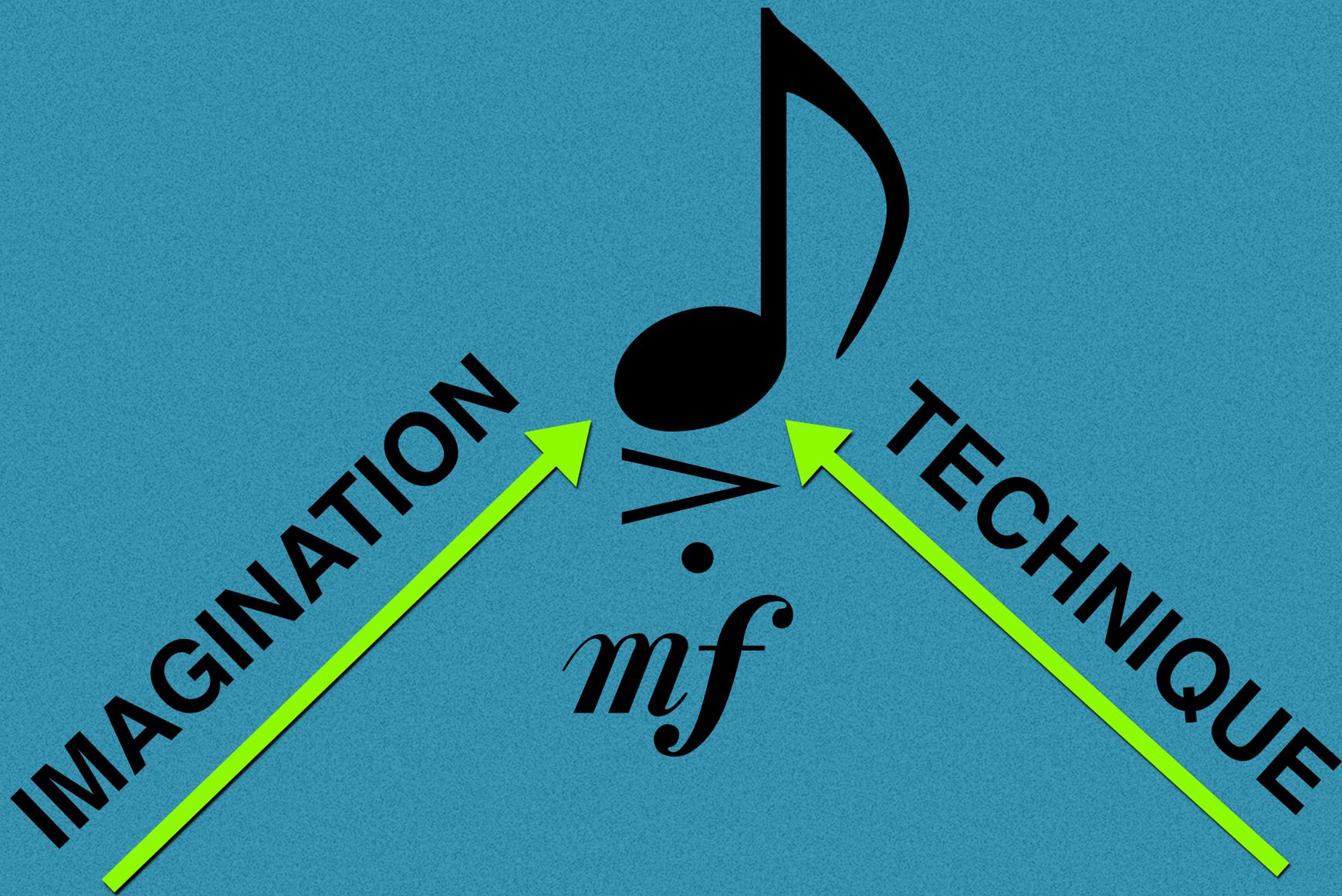
INTELLECTUAL

Towards Balance

EMOTIONAL

(Life Balance)





Common Phrases for Teaching Winds

Sit up straight - Feet flat on the floor

Open your throat

Breathe Low

Breathe from the Bottom

BREATHE!!

Air Support

Shoulders Down

Warm Air

Common Phrases for Creating TENSION

Sit up straight - Feet flat on the floor

Open your throat

Breathe Low

Breathe from the Bottom

BREATHE!!

Air Support

Shoulders Down

Warm Air

NEW Phrases for Teaching Winds

NEW PHRASES	TENSION PHRASES
Sit Balanced Over Sit Bones (Ischial Tuberosity) Knees Below Hips	Sit Up Straight Feet Flat On The Floor (Shoulders Down)
Open Your Mouth (Shape - OH or WHOA)	Open Your Throat
Good Shape (Oh) - Relaxed Flow	Breathe Low/Bottom
Good Shape (Oh) - Relaxed Flow	BREATHE!! Air Support
	Warm Air - Hot Air

ARTICULATION VISUAL GUIDE

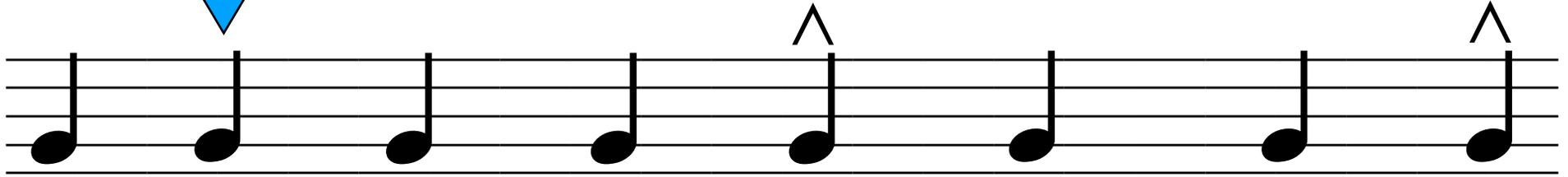
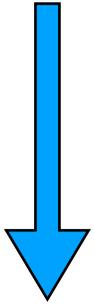
Normal

A musical staff with five lines. From left to right, it shows: a quarter note on the first line, a quarter note on the second line, a quarter note on the second space, a quarter note on the third space, a quarter note on the third space with an accent (^) above it, a half note on the fourth space, a half note on the fourth space with an accent (^) above it, and a whole note on the fifth space with an accent (^) above it. Below the staff, there are three dynamic markings: a fermata (—) under the first note, a hairpin crescendo (>) under the second note, and a hairpin crescendo (>) under the third note. Below the staff, there are three dynamic markings: a hairpin crescendo (>) under the first note, a hairpin crescendo (>) under the second note, and a hairpin crescendo (>) under the third note. Below the staff, there are three dynamic markings: a hairpin crescendo (>) under the first note, a hairpin crescendo (>) under the second note, and a hairpin crescendo (>) under the third note. Below the staff, there are three dynamic markings: a hairpin crescendo (>) under the first note, a hairpin crescendo (>) under the second note, and a hairpin crescendo (>) under the third note.

sfz *sfz* *sfz*

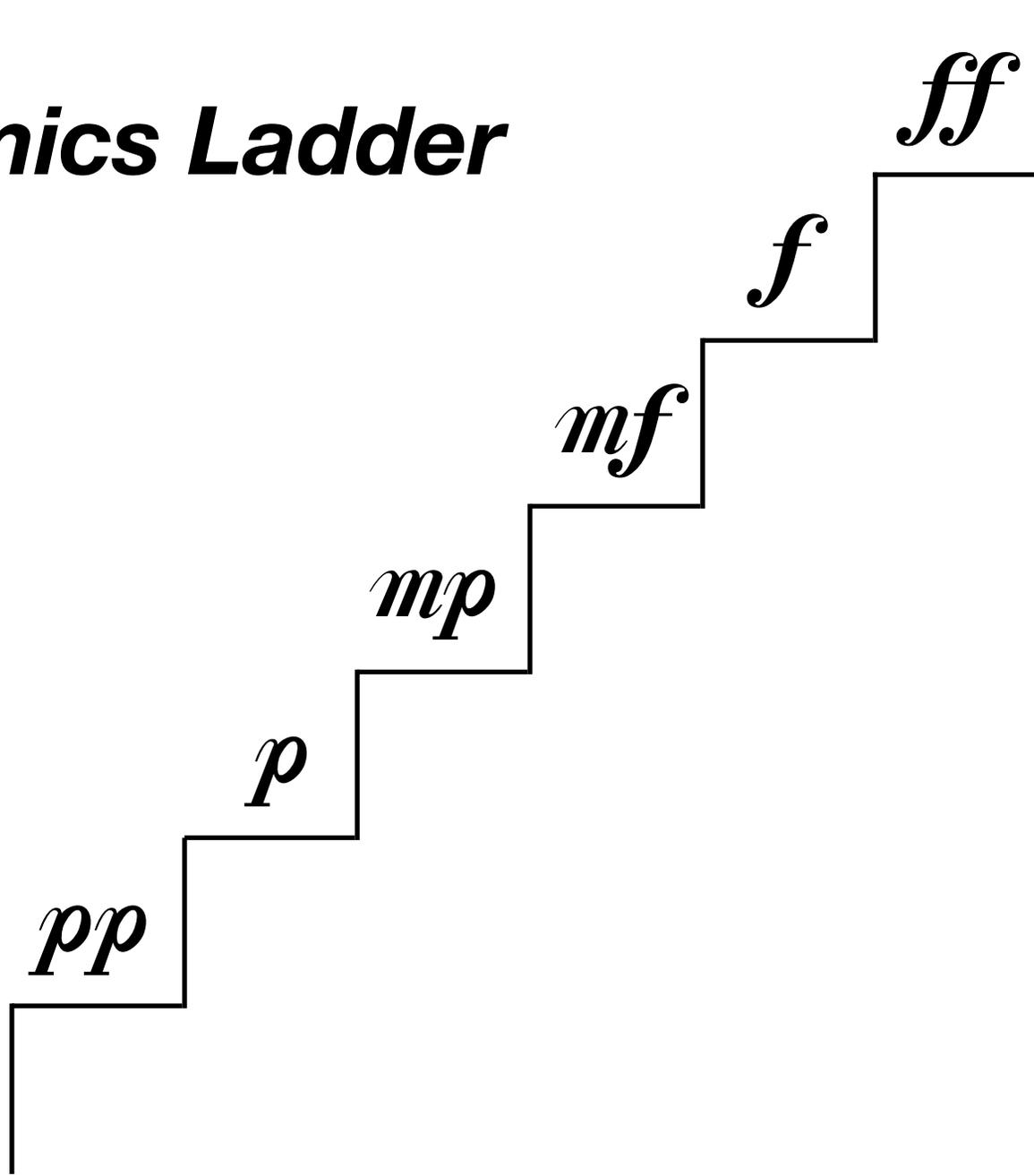
ARTICULATION VISUAL GUIDE

Normal



.		—	>	^	<i>sfz</i>	> <i>sfz</i>	^ <i>sfz</i>
tOH	tOH	TOH	ToH	T [^] OH	T OH	T ^{>} OH	T [^] OH
dOH	dOH	DOH	DoH	D [^] OH	D OH	D ^{>} OH	D [^] OH

Dynamics Ladder





Tuba Performer Stand DS553B

DESCRIPTION:

The HERCULES Tuba Performer Stand DS553B provides comfort and stability for tubas and baritones. Teaches students correct posture and supports correct playing technique.

FEATURES:

- Adjustable Support with three setting options.
- Fits in tight spaces with strong low profile legs.
- Height Adjustment for optimal positioning.

SPECS:

- Height: 320 mm - 600 mm (12.6" - 23.6")
- Weight: 2.28kg (5.02 lbs.)
- Load Capacity: 25 kg (55.1 lbs.)
- Base Radius: 235 mm (9.25")
- Folded Size: 106 mm x 101 mm x 585 mm (4.2" x 4" x 23")



WHY MUSIC?

They came to the band room needing to express something unspeakable.

Make it fun to attempt.
Make it safe to fail.

Celebrate with them the gift of universal expression from day one.

Keep it fun.