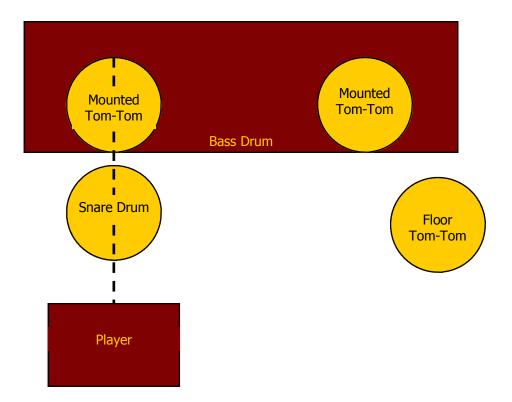
# **Getting Started**

### **Body Position**

- Always move the instrument to accommodate the body and not the body to accommodate the instrument.
- While sitting on the drum throne with legs and feet evenly spread, arrange the bass drum, hi-hat and snare drum.
- Add the remainder of the set.
- Sit facing forward so that you look across the snare drum and mounted tomtoms.



### **Correct Posture Includes:**

- A comfortable position on the drum throne
- Relaxed limbs & body
- Thighs are parallel to the ground
- Back is straight

#### **Correct Posture Does Not Include:**

- Leaning against the band room wall
- Slouching
- Twisting head or shoulders
- Contortions of face or mouth

# **Getting Started**

## **Recommended Contents of Your Stick Bag:**

5A General Snare Drumsticks with nylon tip

7A Jazz Snare Drumsticks

5B Rock Snare Drumsticks

Wire or Nylon Brushes





Acorn-shaped nylon tip



Tear-drop-shaped wooden tip



Tear-drop-shaped wooden tip Thicker shaft than 5AN or 7A



# **Technical Development**



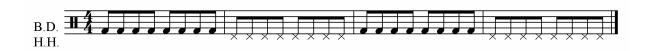
#### **The Hands**

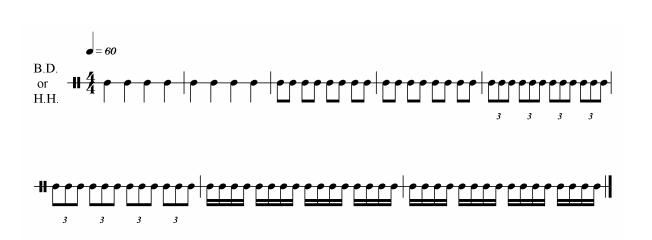
Hand technique is not new to the drum set student. Before beginning to play the drum set, students should already have a base of knowledge that includes rudimental drumming. The continued practice of the 40 PAS International Drum Rudiments will develop hand technique.

#### The Feet

Try the following warm-up exercises daily:





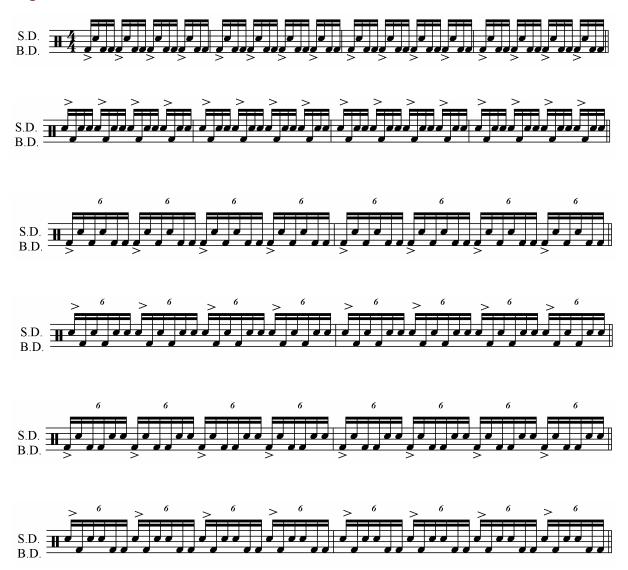


# **Technical Development**

### **Coordinating the Hands and Feet**

Practice the following exercises to develop interdependence of the hands and feet.

### Right Foot & Left Hand



# **Technical Development**

### **Coordinating the Hands and Feet Continued**

Practice the following exercises to develop interdependence of the hands and feet.

### Left Foot & Right Hand



# **Basic Beats: Swing**

### **The Basic Swing Beat**



Start with the beat keeper, the ride cymbal, whose pattern looks like this but....



...is interpreted like this.



Add the hi-hat to the ride cymbal.



Finally, add the snare drum.



# **Basic Beats: Swing**

The basic swing beat may also appear like this...



or this...



or this.



For a challenge, try the jazz beat with snare drum improvisation.



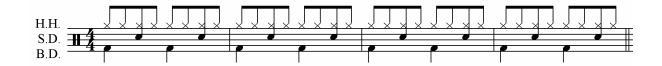
## **Feathering the Bass Drum**

Playing the bass drum softly on all four beats is referred to as "feathering." When feathering, the bass drum is played lightly and almost felt rather than heard. Always play the bass drum feathered unless playing accents.

REMEMBER: Jazz = 80% Ride Cymbal & Hi-Hat + 20% S.D. & B.D.

## Basic Beats: Rock

### **The Basic Rock Beat**



Start with the beat keeper-the bass drum.



Add the snare drum with the left hand.



Add the hi-hat with the right hand (cross over left hand).

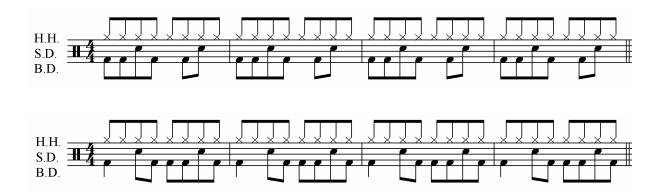


Once you have mastered the basic rock groove with a quarter-note feel, try the groove with an eighth-note feel.



## Basic Beats: Rock

Common variations of the rock groove with an eighth-note feel:



Once you have mastered the basic rock groove with an eighth-note feel, try the groove with a sixteenth-note feel. Alternate hands on the hi-hat.



Feeling ambitious? Try the basic rock groove with fills.



REMEMBER: Rock = 80% S.D. & B.D.+ 20% Ride Cymbal & Hi-Hat

# **Basic Beats: Latin**

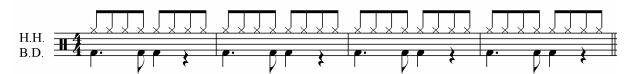
#### **Bossa Nova**



Start with the bass drum.



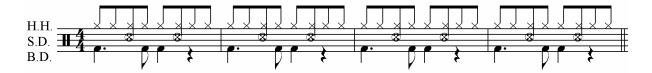
Add the hi-hat with hand.



Add the snare rim knock.



If necessary, try the "Cheater" Bossa, which is a simplified version of a Bossa Nova beat.



# **Basic Beats: Practicing**

### **Alternate Practice Technique**

Instead of layering the different components of the beat, try mixing the components up. For example, look at a basic rock groove. If the bass drum is line A, the snare drum is line B, the hi-hat is line C and the small tom is line D, you could practice the following combinations:

A B C D A+B A+C A+D

B+C B+D C+D A+B+D A+B+D B+C+D

A+B+C+D

# **Accents & Kicks**

#### **Accents**

Everyone in a jazz band has to play accents. Your job on drum set is a little more complicated, because not only do you have to play accents, you have to keep the beat going at the same time. Practice the following exercise while maintaining each of the basic beats. Play each accent first on the bass drum, then ride cymbal, hi-hat, and tom-toms, using different limbs. Use of a metronome will aid you greatly.



## **Accents & Kicks**

#### **Kicks**

B.D.

Often in jazz band, the ensemble will play syncopated rhythms called kicks. A kick can also be described as accents of more than one note played by the band. As a drummer you can make these kicks easier for the band if you play a single note on the beat just preceding the ensemble entrance. This shows the band where the beat is and helps them enter solidly. This is called a set-up. Set-ups are not written on your music. Only by listening can you determine when to play a set-up. Practice of the following examples will get you started.

